



FLUSHING COMMUNITY SCHOOLS

FREE TO ALL STUDENTS

K-6 BREAKFAST MENU

STUDENT/ADDITIONAL MILK \$.60

SECOND BREAKFAST \$1.75

ADULT MILK \$.70 ADULT BREAKFAST \$3.00

Sonia Shortz, CNS 810 591 2791

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|--|---|
| BREAKFAST PIZZA CEREAL & MUFFIN FRUIT CHOICES 1% MILK OR FF CHOCOLATE | DONUTS CEREAL & CHEESE STICK FRUIT CHOICES ASST. JUICE 1% MILK OR FF CHOCOLATE | MINI PANCAKES BREAKFAST BREAD CEREAL & GOLDFISH GRAHAM FRUIT CHOICES 1% MILK OR FF CHOCOLATE | BREAKFAST BAR CEREAL & CHEESE STICK FRUIT CHOICES ASST. JUICE 1% MILK OR FF CHOCOLATE | HAM & CHEESE CROISSANT CEREAL & GOLDFISH GRAHAM FRUIT CHOICES 1% MILK OR FF CHOCOLATE |

- ***ONLY BREAKFAST CEREAL KITS WILL BE SERVED ON ½ DAYS.***

PICK 3 ITEMS FOR A HEALTHY BREAKFAST!
INCLUDE (AT LEAST) ½ c. FRUIT

JUMP START YOUR DAY WITH BREAKFAST! Breakfast is served FREE daily at all schools!
School breakfast will give your child a healthy start to the day.